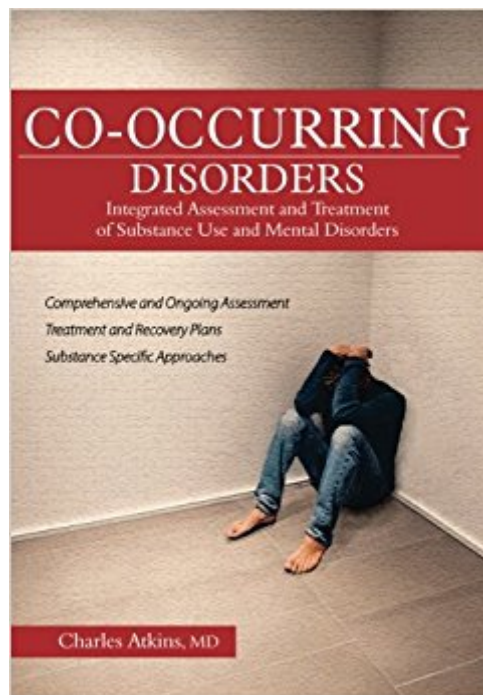


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# Co-Occurring Disorders: Integrated Assessment And Treatment Of Substance Use And Mental Disorders



## Synopsis

Co-Occurring Disorders is a guide of practical assessment and effective treatment approaches to work with any number of co-occurring disorders. This step-by-step approach, demonstrated through diverse case studies, gives you the tools you need to improve and track your clinical outcomes. Also included is a comprehensive state-by-state Guide to Mental Health and Substance Abuse Agencies and Prescription Monitoring Programs. Evidence-Based Integrated Treatment: -Motivational Interviewing -Cognitive-Behavioral Therapy and Strategies -Skills Training -Mindfulness training -Mutual Self-Help & Peer Based interventions -Wellness interventions -Recovery based -Family interventions -Assertive Community Treatment and Targeted Case Management -Psychopharmacology including opioid and nicotine replacement strategies

## Book Information

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## Customer Reviews

"This book is wonderful. I plan to adopt it as a textbook for my MSW Co-Occurring Disorder Program." --Jaak Rakfeldt, Ph. D., Co-Occuring Disorder Cohort Program, MSW Coordinator, Southern Connecticut State University Professor "So much valuable information in a user friendly manner, clinicians as well as other will find this book useful in their practice. This resource is a powerful tool and I am especially proud of the way he connects issues related to gender and trauma." --Colette Anderson, LCSM, CEP The Connecticut Women's Consortium "A comprehensive, user-friendly compilation of assessment and intervention strategies to be used for clients. It includes a number of worksheets for both clinicians and clients, and is a valuable tool for treatment

decision-making." --Donald Meichenbaum, PhD, noted author and speaker, a CBT founder, and voted one of the 10 most influential psychotherapists of the 20th century" As a person that as lived with bipolar disorder for many years and has proudly disclosed my personal journey of recovery, I know there are many people who would greatly benefit from the treatments suggested in this powerful book co-occurring services are rarely done in such a comprehensive way." --Dr. Karen A. Kangas, Director of Operations, Advocacy Unlimited, Inc.

This was an excellent read. I bought this book because I am studying for my CAADC and felt this book would a great addition to my resources. I was correct. It really broke down all of the disorders coupled with any drug you can think of. I love the case studies and how you were able to see the level of care and treatment needed per client for each disorder coupled with a substance issue. The book was not a heavy read and is loaded with excellent resources for further insight.

This is a clinician's "MUST HAVE" comprehensive guide for assessment and development of effective, collaborative treatment and recovery plans. Developed with his concept that "integrated treatment leads to better outcomes", Dr. Atkins provides the reader with a clear, concise overview on how to obtain necessary elements of information pertaining to personal, psychiatric, family and social history, substance use history, medical history, and collateral sources of information to complete a thorough assessment of treatment needs. He addresses stage of change and level of motivation, formulating observable and measurable goals and objectives for treatment plans, assessing for level of care, and how to integrate substance use disorder with mental health diagnoses; such as, ADHD, depression, bipolar disorder, anxiety disorders, etc. He includes sample assessment tools and treatment plans that clinician's will fully appreciate as they are so well written and user friendly. Clinicians will love the simplicity of a beautifully written treatment plan with examples of "spot on" goals and objectives. Believe me, you will be borrowing these treatment gems!!! This is a fabulous, comprehensive co-occurring guide!!!

I ordered two copies of the Co-occurring Disorders book by Charles Atkins M.D., one for myself and another for my friend and colleague Sheila Zimmerman. Sheila said" This is a wonderful, comprehensive guide for clinicians. All areas of treatment including clinical approaches, the importance of ongoing assessments, treatment planning are covered with detailed examples." I found it very thorough and well organized which is to be expected of Dr. Atkins. At the same time Co-occurring Disorders is clear enough that a first year student could understand easily. This book

needs to be on every clinician's shelf for reference. Susan Hayward, LMFT

I recommend this book to clinicians. I am a counselor and also train others in the field. The book reflects DSM-5 criteria, and includes sections related to specific mental health diagnoses and related substance use disorders. I appreciated his perspective and insights into co-occurring disorders, including prevalence rates and background information. Well worth the purchase!

This book is an excellent practical resource for anyone coping with addictions and psychiatric issues. Dr. Atkins clear style and come-to-life case studies complement the assessment and treatment and intervention tools. Truly an unusually useful integrated resource.

A must for anyone working in mental health!

Very good resource- a must have. Easy to read.

It's a good book

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